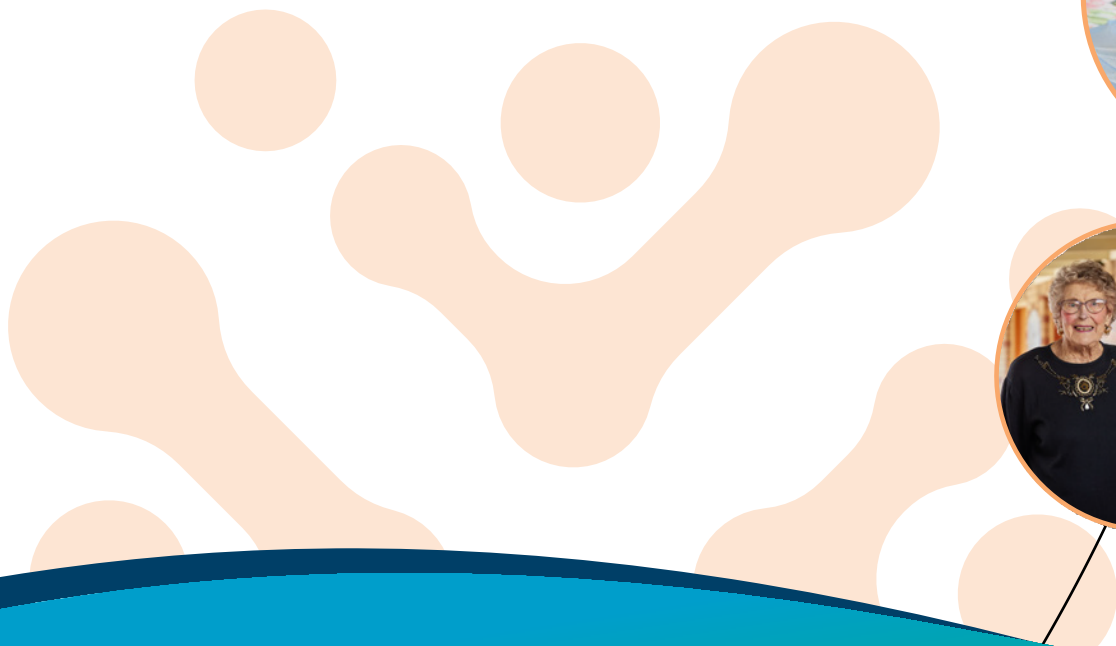




**iAgeHealth**<sup>®</sup>

The right care, any time, any place.

**Unstageable Pressure Injury  
Right Heel**





## Problem

- Referral received for 82 year old female
- Admitted to service post 4 week hospital stay as a result of a fall
- Unstageable pressure injury to right heel
- Immobile on admission to facility.
- Unintentional weight loss.
- Incontinence Associated Dermatitis
- Functional decline due to pressure injury

## Health History:

- Hospitalised post unwitnessed fall at home- found by husband on the floor.
- Diagnosed with skin injury L) proximal forearm & fractured distal humerus.
- Admitted to facility after three-week hospital admission Baceraemia / sepsis; Hyponatraemia; L) forearm wounds, UTI; Fungal groin infection.
- Unintended weight loss- weight
- Type II Diabetes Mellitus;



## Consumers Goal:

- Heal pressure injury
- Manage pain
- Mobilise with 1 person assist

## iAgeHealth Interventions and Consultations

- Consumer referred to iAgeHealth
- Multidisciplinary team consult for first consult with Registered Nurse, Registered Nurse Wound care specialist, Physiotherapist, occupational therapist, dietician
- Registered Nurse Wound Care consult, assessment and care planning daily for 2 weeks then second daily for 2 weeks
- Registered Nurse Wound Care consult, assessment and care planning daily for 4 weeks weekly
- After 3 weeks Unstageable pressure injury improves to stage III



## Interventions continued

- After 7 weeks Stage III pressure injury reverts to Stage II with ongoing monitoring of skin integrity
- Nutritional supplements
- Pressure relieving devices
- Gold standard wound care
- Prescription of assistive devices
- Muscle strengthening exercise
- Husband present for majority of consultations in person or via one time link

## Outcome:

- **Consumer goal: The consumer wishes that the unstageable pressure injury heals, has reduced pain and can mobilise with 1 person assist - Goal Achieved**
- Consumer can now mobilise with a mobility device and one person assist
- Supported weight gain. Weight increase of 5.2kg over prior 3x months.
- Service staff able to manage ongoing pressure injury prevention
- Incontinence Associated Dermatitis no longer an issue with appropriate wound care consultant reviews.
- Consumer states pain score now 2 from an initial 9 on referral
- Consumer states that she feels her quality of life has been returned to her and is hoping that with continue iAgeHealth support that her new goal of returning home can be achieved

